
Iredell County Opioid Epidemic: **Guidance for Healthcare Providers**

Sponsored by the **Iredell County Health Department**
and **Partners Behavioral Health Management**

February 25, 2017
Langtree Plantation, Mooresville, NC



Public Health
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Iredell County Health Department



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EVENT SCHEDULE

8:30-9:00 a.m.	Registration
9:00-9:15 a.m.	Welcome Speaker: Jane Hinson , MS, BSN, RN, Iredell County Health Director
9:15-10:45 a.m.	Understanding Addiction Speaker: Dr. Omar Manejwala , MD, Addiction Psychiatrist, International Speaker, Author
10:45-11:00 a.m.	Networking Break
11:00-11:45 a.m.	NC and Iredell County Opioid Epidemic Naloxone Standing Order Speaker: Nidhi Sachdeva , MPH, Injury Prevention Consultant, NCDPH Injury and Violence Prevention Branch
11:45 a.m.-12:00 p.m.	NC Controlled Substances Reporting System Speaker: Alex Asbun , MBA, Drug Control Unit Manager, NC DHHS
12:00-12:30 p.m.	Networking Lunch
12:30-1:15 p.m.	Safer Prescribing Practices: Using the Controlled Substances, Reporting System & Naloxone and Experience using CSRS Speaker: Dr. Harsh Govil , MD, MPH, DABPM, DABIPP, Govil Spine and Pain Care, Piedmont Healthcare Speaker: Edward G. Hammett , Drug Enforcement Administration
1:15-2:15 p.m.	Substance Use Disorder Treatment Continuum Speaker: Dr. Michael Clark , Assoc. Medical Director, Partners Behavioral Health Management Speaker: Lynne Grey , MA, LPC, LCAS, CSI, Partners Behavioral Health Management
2:15-2:45 p.m.	The Human Side of Addiction Speaker: Sandy Tabor-Gray , Drug Abuse Free Iredell Coalition
2:45-3:00 p.m.	Resources for Providers Speaker: Megan Redford , BS, Healthy Carolinians Coordinator, Iredell County Health Department Drug Abuse Free Iredell Coalition Speaker: Regina Propst , BA, Iredell County Partnership for Success, Insight Human Services



North Carolina
Injury & Violence
PREVENTION Branch



Funded in part by the Centers for Disease Prevention and Control Prescription Drug Overdose Prevention for States Cooperative Agreement awarded to the NC Division of Public Health, Injury and Violence Prevention Branch.

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The Problem

The popularity and prevalence of opioid use, particularly prescription painkillers, has led to the largest drug epidemic plaguing our country. The problem in Iredell County has reached alarming rates:

- Iredell County's unintentional poisoning mortality rate is 15 per 100,000 residents, compared to just 11.4 per 100,000 residents in North Carolina.
- Substance-use-related emergency department admittance has increased among nearly all drug types since 2013, according to recent data provided by NC DETECT.
- Iredell County's youth are vulnerable, too. Of the 1,220 Iredell County residents surveyed for the 2015 Community Health Assessment, 24% of youth respondents have misused prescription medication and used illicit drugs.

Our Solution

This educational event is especially for those in the healthcare field, and beyond, who serve the people of Iredell County. The purpose is to provide a better understanding of the science of addiction and self-destructive behavior, naloxone and the NC Standing Order, safe opioid prescribing, and the NC Controlled Substance Reporting System. This event is sponsored by the Iredell County Health Department, Partners Behavior Health Management, and the North Carolina Governors Institute, and a byproduct of strategic planning efforts steered by the Drug Abuse Free Iredell Coalition.

Meet Our Speakers



Omar Manejwala, MD: Dr. Omar Manejwala is passionate about bringing the science of addiction to light. He believes that by properly treating, and even preventing addiction, we can save lives—not just the lives of addicts, but in many ways also the lives of their families, friends, and loved ones. Dr. Omar has spent his career studying and innovating in the fields of psychiatry and addiction. He is a fellow of the American Psychiatric Association and a diplomat of the American Board of Addiction Medicine. Dr. Omar is Senior Vice President and Chief Medical Officer of Catasys, where he designs innovative approaches that improve addiction care and treatment outcomes. Dr. Omar is also the author of *Craving: Why We Can't Seem to Get Enough*. Learn more about him at <http://www.manejwala.com/>.

Nidhi Sachdeva, MPH: Nidhi Sachdeva, MPH, is an Injury Prevention Consultant with the Injury and Violence Prevention Branch (IVPB) at the North Carolina Division of Public Health (DPH), Department of Health and Human Services (DHHS), where she leads strategic planning, partnership development, and capacity building for injury and violence prevention efforts around the state. Prior to joining DPH, Ms. Sachdeva was the project manager for multiple poisoning and overdose prevention policy and program evaluation studies at the UNC Injury Prevention Research Center. She also served as a Senior Public Health Educator and Healthy Carolinians Coordinator with the Orange County Health Department, and is a volunteer with the NC Harm Reduction Coalition. Ms. Sachdeva has worked in public health in various capacities and levels for the past 13 years. She is a graduate of the University of North Carolina at Chapel Hill's Gillings School of Global Public Health and the University of Virginia.

Alex Asbun, MBA: Alex Asbun is the Drug Control Unit Manager for the state of North Carolina. He oversees the North Carolina Prescription Drug Monitoring Program (Controlled Substances Reporting System), North Carolina Controlled Substances Act Program and the Epilepsy Alternative Treatment Act Program. Prior to taking on the position of Drug Control Unit Manager in 2014, he was Director of Healthcare Programs for Vidant Duplin Hospital for ten years. One of the many programs he developed focused on addressing mental health and substance abuse in the

emergency department setting. He is currently actively involved in several initiatives throughout the state dedicated to addressing prescription drug misuse, including the North Carolina State Advisory Council Overdose Team, Community Care of North Carolina Chronic Pain Initiative and CSRS Advisory Council. Mr. Asbun holds a Master's of Business Administration.

Harsh Govil, MD, MPH, DABPM, DABIPP: Dr. Govil joined Piedmont HealthCare as a non-surgical spine specialist. After completing residency in Physical Medicine & Rehabilitation, he went to Cleveland Clinic's world renowned pain management center for fellowship training in interventional pain management. During his fellowship he received specialized training in managing low back and neck pain caused by various spinal conditions. Dr. Govil offers the latest, most advanced techniques available for pain management. He is certified by the American Board of Physical Medicine with subspecialty certification in Pain Medicine. He provides very compassionate care for his patients with advanced, clinically proven solutions to help alleviate their pain and improve quality of life.

Michael Clark, MD: Associate Medical Director with Partners Behavioral Health Management. Being board-certified in both Psychiatry and Child & Adolescent Psychiatry, Dr. Clark is qualified to deliver care and consultation across the age range. Since completing a psychiatry residence at The University of Texas Health Science Center at San Antonio and a child psychiatry fellowship at the University of North Carolina at Chapel Hill School of Medicine, he has gained broad experience over twenty years in the field of mental health. Initially, Dr. Clark entered the private sector and delivered outpatient and inpatient care in a managed healthcare setting. During that time, he was the medical director over an adolescent psychiatry unit at Alamance Regional Medical Center. In 1999, he began work full-time in the public sector with the Guilford Center and served as Medical Director. At the Guilford Center, he also worked to assure patient needs were met in the appropriate level of care in their outpatient clinics and in their crisis/emergency unit. Dr. Clark is also a member of the American Academy of Child and Adolescent Psychiatry.

Lynne Grey, MA, LPC, LCAS, CSI: Mental Health/Substance Abuse Disorder Utilization Management Supervisor with Partners Behavioral Health Management. Ms. Grey received a Bachelor of Arts in Psychology from the University of North Carolina at Chapel Hill in Chapel Hill, NC and a Master of Arts in Community Counseling and a Graduate Certificate in Addictions Counseling from Appalachian State University in Boone, NC. Her professional experience includes providing individual, group, and family therapy for adolescents and adults diagnosed with substance use disorders. Before coming to Partners, Lynne managed the Substance Abuse Intensive Outpatient Program and Substance Abuse Comprehensive Outpatient Treatment programs at an agency in Gastonia.

Drug Abuse Free Iredell



Drug Abuse Free Iredell is a community based coalition of volunteers from all sectors of our county. We are dedicated to improving the quality of life in our community by working to prevent substance misuse and abuse through public awareness, education, and advocacy.

*Please join us for our next **Drug Abuse Free Iredell Coalition Meeting on Monday, March 6th, 2017@ 11am**, at Iredell County Health Department, 318 Turnersburg Hwy, Statesville, NC.*

We need your commitment and help. If you are interested in serving in one or more of these areas to help prevent prescription drug misuse, abuse and overdose deaths in our community, please let us know.



“Like” **Project Lazarus/Drug Abuse Free Iredell** to stay up to date about events and activities.

For more information, to volunteer or to add/remove a name from our mail list, email your request to

rpropst@insightnc.org